

Return Appointment Expectations

We expect all patients to take an active part in their health care. This includes keeping scheduled appointments as recommended by Dr. Cobb and Jenn, PA. Many chronic ailments such as Diabetes, Hypertension, and Hormone Imbalances require regularly scheduled follow-up appointments. Even though you feel your illness is maintained by your current treatment plan or medications, it is still very important that you keep your regularly scheduled appointments.

If you are an established patient, expect to review your history, medications and review of symptoms every visit. It is wise to take notes and bring a list of concerns. At each appointment you will be asked to fill out a fast-form, this is a necessary step to provide you with the best care possible. We appreciate your willingness to play an active part in your health care.

When making an appointment, please refer to the enclosure RE: types of appointments. This will help us schedule the appropriate amount of time for you.

Always bring the following information with you to your appointments:

- Current Insurance ID
- Current Photo ID
- List of all medications with dosages and directions (supplements, herbs and OTC medications included)
- All updated medical information (new health problems, testing, etc.)
- Updated family history